

# Coach development by Magnus Swartling

## Friday - 15/9

- 18 - 21 Introduction to the weekend
- Presentation
  - The Schedule
  - Focus on the coach
  - Self knowledge test

## Saturday - 16/9

- 9.00 - 10.00 Ice time
- Delivery
  - Coaching technique, pair up, coach each other
- 10.00 - 10.30 **Break**
- 10.30 - 11.20 Seminar - Building strong teams
- 11.20 - 11.40 **Break**
- 11.40 - 12.30 Seminar - Building strong teams
- 12.30 - 14.00 **Lunch**
- 14.00 - 15.00 Ice time
- Delivery
  - Break-point management
  - Sweeping management
- 15.00 - 15.20 **Break**
- 15.20 - 17.00 Seminar
- Roles
  - Timeouts
- 18.00 - ?? **Dinner & social gathering**

## Sunday - 17/9

- 9.00 - 10.00 ICE-time
- technical devices
- 10.00 - 10.30 **Break**
- 10.30 - 12.00 Seminar - Making the plan
- 12.00 - 12.30 Summary
- 12.30 - 14.00 **Lunch**

